

THE SNOOZE CONTROL

Instructions for use of the Snooze Control:

Part A: The EzyAir's x 2.

Remove the centre from the **EzyAir**.

Fit one into each **clear** nostril with a half twist, allowing for easier breathing.



Only one may be used if desired, or a nostril is blocked.



Give the **EzyAir** a twist in the nostril to refresh breathing, when required.

Store the **EzyAir**'s with centre fitted to keep their shape.

The **EzyAir**'s may be used independently of the sling.

NOTE: Apply a little face cream to the **EzyAir**'s, if desired.

Part B: The Chin Sling.

With both hands stretch the double elastic section and place under the front part of your chin.

Next, place the single elastic section with slot over the top of your head, in front of your ears.

Adjust until it feels comfortable, and to keep your mouth gently closed.

The Chin Sling has plenty of stretch to fit all adults.

